# SEATTLE UNIVERSITY



### SATURDAY, FEBRUARY 15, 2014

## KATHERINE BOO Pulitzer Prize winning author ISABEL WILKERSON Pulitzer Prize-winning journalist and author

#### 40+ AUTHORS IN SESSION Special Thanks THE ELLIOTT BAY **BOOK COMPANY**

### www.seattleu.edu/searchformeaning

**Free Tickets Required** BROWN PAPER OTICKETS

(f)/SEARCHFORMEANING **E**/SFMBOOKFESTIVAL



KAYCE S. HUGHLETT, MA, LMHC "The Art of Pondering: Playing your way to Passion and Presence"

Kayce Stevens Hughlett, MA - ponderer extraordinaire, life muse, speaker, joy monger, author. Kayce is a soulful and spirited woman. In her roles as spiritual director, life coach, author, creative muse, and speaker, she invites us to playfully and fearlessly cross the thresholds toward authentic living. A strong proponent of compassionate care in the world, Kayce's live and online work focuses on the principle that we must live it to give it.

Her early career began with a multi-national accounting firm to be later refined as the path of an artist. She delights in walking alongside others as they explore and unearth their own pathways toward passionate living. Kayce is a Certified Martha Beck Life Coach, a licensed mental health counselor as well as a published author and contributor to several collections and online publications. Her 2012 book, "As I Lay Pondering: daily invitations to live a transformed life," is a lyrical and lucid treasure that invites us to new awakenings throughout the year.

#### Links

The Elliott Bay Book Company Kayce Hughlett's Website